

Upper Endoscopy Preparation

Appointment Date: _____

Appointment Time: _____

Dr. _____

Seven Days Prior to Endoscopy

- Stop taking Aspirin, any prescription blood thinning medications (Coumadin, Plavix, Eliquis, etc.), and NSAID's (Ibuprofen, Naprosyn, Advil, Aleve, Motrin, Excedrin, etc.) unless otherwise directed by your doctor. You are allowed to take Tylenol.
- Stop taking multivitamins, Vitamin E, Iron supplements, and Fish Oils.
- If you are a **DIABETIC**, check with your primary care physician about what to do with your medication the day before and the day of your procedure.

Day Prior to Endoscopy

- To conduct a safe and effective endoscopy, the stomach must be completely empty. Therefore, after **MIDNIGHT** you are **NOT** allowed to have anything by mouth until completion of your exam.
- The only exception is for procedures scheduled after **12:30pm**. In that case you are allowed to continue to have clear liquids up until **5 HOURS PRIOR** to your procedure.

Day of Endoscopy

- Unless otherwise instructed, you may take your prescription medications, (**not including blood thinners or vitamins**) the morning of the procedure with a **small sip** of water.
- Please do not smoke before your procedure. If you use an inhaler, please bring it with you.
- You must arrive **15 minutes** prior to your scheduled appointment, and you **MUST** have somebody to drive you home. If you are going to take an uber or taxi, you must wait in our office for **1 hour** after your procedure is completed.
 - GI Doctors, 1205 Franklin Ave STE 150 Garden City, NY 11530 P:(516) 650-3355
- Please keep your phone close by the day of your procedure just in case of any last-minute schedule changes. We want to get you in for your appointment as soon as possible to decrease time spent without eating, as well as keep you updated with any delays.

Acceptable Clear Liquids: Water, Tea or Coffee (without milk), Juice, Carbonated Beverages, Crystal Light, Gatorade, Jello, Ices, bouillon/soup broth (no noodles, vegetables, etc). **ANY RED COLORED LIQUIDS ARE NOT ALLOWED**

*****Cancellation Policy:** *If you need to cancel or reschedule your procedure, it must be done **NO LATER** than 48 hours before your scheduled appointment. Failure to cancel or reschedule your procedure within this timeframe **OR** failure to show up for scheduled appointment will result in a \$300 cancellation/no show fee being charged to your account. ****